



MARCH | ISSUE 8

# The GEAR UP Gazette

9th - 10th grade issue

*Staying Ahead in High School*



## Getting Back On Track

### TIPS ON HOW TO GET BACK INTO THE GAME

Is your teen not finding success in school and in danger of leaving school? You have choices. Arizona is working to help open doors and create options for high school education. There are options.

Your local school district is your best resource to get back on track. School districts want to see their students succeed and most of them have programs and alternative routes set up to help complete the graduation requirements. Your school district can also find alternate paths to success such as vocational and technical training, GED preparation, and dual-credit programs through a community and technical college. They are aware of programs in your areas to help with things like childcare, illness, and homelessness. Reach out and start exploring your options.

Program names to ask about:

- Open Doors 1418 Re-Engagement Programs
- High School Completion Programs
- Technical High School Programs
- High School Re-Engagement Programs
- Dropout Intervention Programs
- Dual-Credit Programs
- Career and Workforce Programs



GEAR UP stands for Gaining Early Awareness and Readiness for Undergraduate Programs and is a federally-funded program that helps rural, low-income middle and high schools prepare students for education after high school.

## GEAR UP Right Choices for Youth

# What It Takes To Graduate from High School

Getting into college starts with graduating from high school. Depending on the type of school your child wants to attend, it's important to know what types of classes to take, the grades necessary, and any other additional requirements beyond what's required for high school graduation. Here is what it takes to get into a 4 year university:

- 4 English
- 3-4 Math (Algebra 1 & above to pre-calculus or statistics)
- 3-4 Science (labs recommended)
- 3-4 Social Science (including U.S. History)
- 3-4 World Language + Arts & Challenging Electives

## Did you know?

Students who take challenging or rigorous courses in high school are more likely to succeed in college.



## Apply it

### Student Checklist

- Meet with your school counselor to discuss how to get back on track if needed.
- Go to a college or financial aid night at school. Learn about different types of financial aid.
- Go to career information events, college fairs, and campus visits to get a more detailed look at college and career options.

### Family Checklist

- Meet with your teen's school counselor to discuss how to get back on track if needed.
- Go to a college or financial aid night at school. Learn about different types of financial aid.
- Encourage your teen to participate in career information events, college fairs, and campus visits to get a more detailed look at his or her options. Help your sophomore explore career ideas. He or she can make a list of interests, talents and favorite activities and start matching them with occupations. Learn how to use exercises like these to make a career worksheet.

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